Tooth Notation:

The Zsigmondy-Palmer system is the preferred system of tooth notation in the UK (eg UR1, UL3) over the FDI system (eg 11, 23).

**Zsigmondy-Palmer Notation**

<table>
<thead>
<tr>
<th>R</th>
<th>8 7 6 5 4 3 2 1</th>
<th>1 2 3 4 5 6 7 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>L</td>
<td>8 7 6 5 4 3 2 1</td>
<td>1 2 3 4 5 6 7 8</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>R</th>
<th>e d c b a</th>
</tr>
</thead>
<tbody>
<tr>
<td>L</td>
<td>a b c d e</td>
</tr>
</tbody>
</table>

**FDI (Two digit charting system)**

In this system the quadrant symbol is replaced by a number. The quadrant number is the first digit while the second number identifies the individual tooth.

<table>
<thead>
<tr>
<th>18 17 16 15 14 13 12 11</th>
<th>21 22 23 24 25 26 27 28</th>
</tr>
</thead>
<tbody>
<tr>
<td>48 47 46 45 44 43 42 41</td>
<td>31 32 33 34 35 36 37 38</td>
</tr>
</tbody>
</table>

**Conventional Dental Charting Symbols**

It is helpful to use a chart which separate existing restorations from those that are required. This chart is available in printable format in resources.
ACCEPTED NOTATIONS
Incisor Teeth

Upper Right
- Fracture
- Labial Cavity
- Midline
- Palatal Cavity

Upper Left
- Work to be carried out

Porcelain Veneer
- Canine Present
- Retained C
- Palatal Restoration

Labial Restoration

Root Filled
- Palatal Restoration

Porcelain Jacket Crown
- Present status and work completed

PBC
- Artificial Tooth Present
- Tooth Rotated Distally
- Mesial Restoration

Distal Restoration

Tooth Rotated Mesially

Crown
- Present status and work completed

Lower Right
- Distal Cavity
- Midline
- Mesial Cavity

Lower Left

ACCEPTED NOTATIONS
Premolar and Molar Teeth

Upper Right
- Work to be carried out

Preventive Resin Restoration
- Tooth Drilling Distally
- Bridge Abutment

Bridge Pontic
- Tooth Drilling Mesially

Full Gold Crown Present

Temp
- Distal-Occusal Temporary Dressing
- Mesial Restoration
- Distal Restoration

Distal-Occusal Gold Inlay
- Tooth Partially erupted

Tooth recently Extracted

Lower Right
- Occlusal Buccal Cavity
- Mesial Cavity
## Accepted Notations
### Premolar and Molar Teeth

<table>
<thead>
<tr>
<th>Upper Right</th>
<th>Mesial-Occusal-Distal Cavity</th>
<th>Midline</th>
<th>Buccal Cavity</th>
<th>Upper Left</th>
</tr>
</thead>
<tbody>
<tr>
<td>Work to be carried out</td>
<td>Tooth Missing</td>
<td>Palatal Restoration</td>
<td>Space Closed</td>
<td></td>
</tr>
<tr>
<td>Present status and work completed</td>
<td>Tooth Inlaying</td>
<td>Implant</td>
<td>Fissure Sealant</td>
<td></td>
</tr>
<tr>
<td>Present status and work completed</td>
<td>Octussal Restoration</td>
<td>Distal-Occusal Restoration</td>
<td>Lingual Restoration</td>
<td></td>
</tr>
<tr>
<td>Work to be carried out</td>
<td>Mesial-Occusal Porcelain Inlay</td>
<td>Tooth Outstanding</td>
<td>Roots Retained</td>
<td></td>
</tr>
<tr>
<td>Lower Right</td>
<td>Distal-Occlusal Restoration to be replaced</td>
<td>Midline</td>
<td>Tooth Fractured</td>
<td>Lower Left</td>
</tr>
</tbody>
</table>
**Periodontal charting:**

A full periodontal charting should include the following:

1. 6 point pocket depth measurements (ideally with sites > 5mm highlighted)
2. Bleeding on probing (at each site indicated as a red dot above the pocket depth measure)
3. Recession
4. Furcation involvement and grade (Grade I, II, III, IV)
5. Mobility score (I, II, III)